



Luminescence™

Realize • Recode • Renew



Our Mission

Our mission is to empower you to achieve your true potential, to help you realize that **light is your essence** to reconnect with your innate soul guidance, wisdom and joy to lead a fulfilling life with purpose.



Living our life purpose

Unraveling hidden secrets

Merging with our inner self

Illuminating the darkness within

Nurturing our strengths

Expanding our potential

Solving problems

Connecting to the higher consciousness

Elevating our spirit

Challenging our limiting beliefs

Exploring new possibilities



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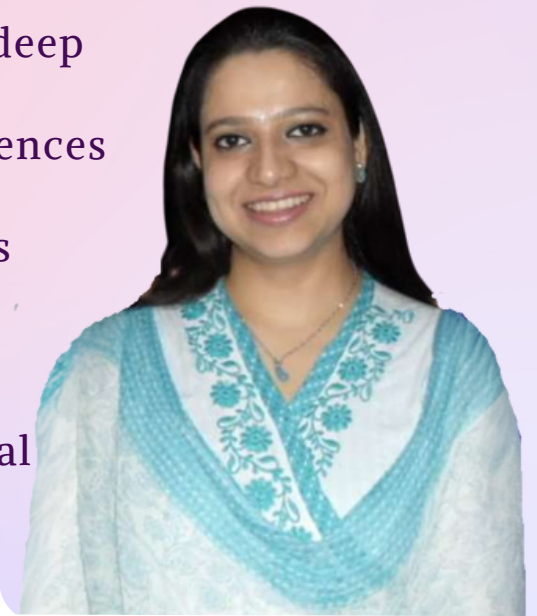
Founder of Luminescence

Sumita is a certified **DSSI Therapist**

(Dreams, Signs & Symbolic Interpretation) from UCM Teaching & Research Center, Canada and also trained in various modalities of healing from Quantum Life University, India & Rebirthing Breathwork International, Virginia.

She has walked this path of self exploration for over 25 years and received innumerable revelations, validations, deep understandings through magical and mystical experiences through her dreams, meditations and miraculous transformations in her life.

She has been sharing and teaching her experiential wisdom for over 14 years.





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ARE YOU
SUFFERING
FROM???



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- Depression
- Overthinking
- Health Issues
- Stress & Anxiety
- Childhood Trauma
- Emotional Instability
- Financial Challenges
- Relationship Problems



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WE
CAN
HELP
YOU
ADDRESS!



Addictions



Victimhood



Anger Issues



Fear & Phobias



Stress Overload



Selfworth Issues



Eating Disorders



Emotional Turmoil



WE APPROACH THE ABOVE ISSUES
THROUGH THE FOLLOWING
METHODOLOGIES IN PERSONAL
CONSULTATIONS, GROUP
SESSIONS, SEMINARS &
WORKSHOPS!



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Childhood Trauma Release

Childhood experiences, emotions & trauma shape the personalities, behaviors and relationships in adulthood.

We use therapeutic techniques such as creative art, talk therapy, visualization, meditation, journaling and somatic experiencing to reconnect with the root cause & transform them.



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Dreams, Signs & Symbols

Did you know that the Universe is always guiding and communicating to you through metaphors in your dreams, concrete situations and repetitive patterns?

We provide personal consultations to help you diagnose the hidden meaning and find practical solutions in life.



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Non-Traditional Reiki

When the life force gets blocked, you may feel out of balance, stressed & face emotional distress & health problems.

We teach simple, easy, advanced & effective techniques to harness the cosmic energy to heal self & others by understanding the fundamentals of energy healing that yields results.



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Understanding Angels

Sometimes you may believe that angels are winged beings that are messengers of God who help us with their divine powers.

We conduct seminars to bust certain myths to help you fathom, connect & embrace to activate your powers within & achieve your goals easily.



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Rebirthing Breathwork Therapy

Did you know that 70% of our body toxins, repressed emotions & traumatic experiences may be released by learning to breathe right?

We conduct personal breathwork sessions to reprogram inner codes and seminars to spread awareness regarding the power of breath.



SPECIAL PROGRAMMES



Sufi Whirling

Chakra Dance Meditation

Symbolism of Mythologies

Symbolic meaning of Nav Durga

Angels & Dreams - Truth vs Myth



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WHY CHOOSE
LUMINESCENCE
FOR YOUR
PERSONAL
HEALING?



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We Provide



- Self Empowerment
- 100% Confidentiality
- Spiritual Connection
- Empathetic Guidance
- Resilience Building
- No Judgements
- Ethical Conduct



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TESTIMONIAL

I had a wonderful experience with Sumita. She is a very sweet and caring person. Since one month I was not able to walk properly as

I had immense pain in my left foot but after taking healing session from her my pain was gone and I was able to walk more or less properly. Really I'm thankful to her for her kindness and understanding that she had during the session. Thank you!

Anju Kaseera, Career and Psychology Counselor



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TESTIMONIAL

It was an enlightening experience for me, when I got a chance to understand the importance of my dreams and how I can interpret the meaning and its influence in improving my life. I also enjoyed the meditation and breath exercise session which helped me to relax. I would highly recommend her to everyone and will be looking forward to more sessions in the future.

Dr. Soham Chatterjee, Picasso Dental Studio



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TESTIMONIAL

It was an amazing experience for me the way Sumita Di explained every little details specially the part where she connected the elements and their meaning in dreams that too using certain specific examples as well which was really enlightening for me.

Kazi Firdous Haider, Pineapple Infrastructures



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TESTIMONIAL

Sumitaji is extremely soft and calm, she makes you feel absolutely comfortable. Her stories and experiences make you believe in the Divine Power all the more.

Shivani Khaitan, The Digital Quest



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